1st Semester 2nd Semester

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| Personal Fitness  Catching /Collecting  Throwing/Passing  Striking with hands  Locomotor (6)  Individual/Team Strategies  Cooperative Skills  FitnessGram | Personal Fitness  Shooting  Dribbling  Rhythmic Activities  Individual/Team Strategies  Striking with implements  Striking with feet  Striking with implement for accuracy and distance  FitnessGram |