December '22 Breakfast & Lunch Menu

Iredell Statesville Schools: Elementary/Middle Menu

Offered Daily: 1/2 pint Milk: FF (13), 1% (13), or Chocolate 1% (20)

(~carb counts)

Menu subject to change

			Glazed Cinnamon Roll (43)	Dunking Stix (48)
			Lasagna w/ Breadstick (48)	Pizza Pocket (33)
			Chicken Tenders, Roll (29)	Beef Ravioli, Breadstick (45)
	CIVIDE		Seasoned Potato Wedges (21)	Pinto Beans (20)
			Fresh Garden Salad (3)	Cherry Tomatoes & Dip (3)
		()	Baked Cinnamon Apples (31)	Assorted Fruit Juice (15)
Super Slice (44)	Mini Waffles (35)	Breakfast Pizza (22)	. ,	Mini Cinnis (40)
Spicy Chic Fillet (36)	Chicken Nuggets, Roll (29)	Fault Data and Data	Breakfast for Lunch (59)	French Bread Pizza (31)
Beefy Soft Taco (22)	Fiestada Pizza (30)	Early Release Day	Cheesy Pull-Apart (32)	Fish Nuggets w/Roll (36)
Dill Pickles (0)	Cheesy Potato Soup (54)	Manager's Choice	Sweet Yellow Corn (16)	Black Beans (19)
Sweet Potato Souffle (56)	Green Beans (5)		Lettuce & Tomatoes (3)	Baby Carrots & Dip (7)
Mandarin Oranges (20)	Strawberry Cup (22)		Assorted Fruit Juice (15)	Fresh Fruit
5	6	7	8	9
French Toast Sticks (38)	Super Donut (38)	Pancake Wrap (47)	Glazed Cinnamon Roll (43)	Chicken Biscuit (30)
Hamburger (23)	Spaghetti w/ Breadstick (66)	Mac & Cheese, Roll (49)	Hot Dog w/Toppings (33)	Pepperoni Pizza (27)
Roasted Chicken, Roll (13)	Pizza Dipping Sticks (35)	Pork BBQ Sandwich (26)	Turkey & Cheese Sandwich (25)	Chicken Fajitas (21)
Sweet Potato Crinkles (17)	Oven Crispy Fries (16)	Baked Beans (27)	Deli Roasters (18)	Tater Tots (16)
Green Beans (5)	Sweet Yellow Corn (16)	Dill Pickles (0)	Broccoli w/ Cheese (8)	Glazed Carrots (12)
Applesauce Cup (14)	Pineapple Tidbits(16)	Chilled Peaches (17)	Raisins (30)	Jolly Fruit Freeze (23)
12	13	14	15	16
Mini Pancakes (36)	Warm Cinnamon Bar (41)			
Chic Fillet Sandwich (34)	Popcorn Chicken with Roll (28)	No School	No School	No School
Ham & Cheese Sandwich (28)	Cheese Hot Pocket (28)	1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1	and the second	
Mashed Potatoes (14)	Refried Beans w/ Chips (28)			
Sweet Green Peas (13)	Sweet Yellow Corn (16)			
Assorted Fruit Juice (15)	Craisins (27)		JJJJ	
19		21	22	23
No School	No School	No School	No School	No School
26	27	28	29	30

Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections