December '22 Breakfast \& Lunch Menu
Offered Daily: $1 / 2$ pint Milk: FF (13), 1\% (13),
or Chocolate 1\% (20)

Iredell Statesville Schools: Elementary/Middle Menu
(~carb counts)
**Menu subject to change**

|  |  |  | Glazed Cinnamon Roll (43) <br> Lasagna w/ Breadstick (48) <br> Chicken Tenders, Roll (29) <br> Seasoned Potato Wedges (21) <br> Fresh Garden Salad (3) <br> Baked Cinnamon Apples (31) | Dunking Stix (48) <br> Pizza Pocket (33) <br> Beef Ravioli, Breadstick (45) <br> Pinto Beans (20) <br> Cherry Tomatoes \& Dip (3) <br> Assorted Fruit Juice (15) |
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| $\quad$ Super Slice (44) <br> Spicy Chic Fillet (36) <br> Beefy Soft Taco (22) <br> Dill Pickles (0) <br> Sweet Potato Souffle (56) <br> Mandarin Oranges (20) | Mini Waffles (35) <br> Chicken Nuggets, Roll (29) <br> Fiestada Pizza (30) <br> Cheesy Potato Soup (54) <br> Green Beans (5) <br> Strawberry Cup (22) | Breakfast Pizza (22) <br> Early Release Day Manager's Choice | Dutch Waffle (38) <br> Breakfast for Lunch (59) <br> Cheesy Pull-Apart (32) <br> Sweet Yellow Corn (16) <br> Lettuce \& Tomatoes (3) <br> Assorted Fruit Juice (15) | Mini Cinnis (40) <br> French Bread Pizza (31) <br> Fish Nuggets w/Roll (36) <br> Black Beans (19) <br> Baby Carrots \& Dip (7) <br> Fresh Fruit |
| French Toast Sticks (38) Hamburger (23) <br> Roasted Chicken, Roll (13) <br> Sweet Potato Crinkles (17) <br> Green Beans (5) <br> Applesauce Cup (14) | Super Donut (38) <br> Spaghetti w/ Breadstick (66) <br> Pizza Dipping Sticks (35) <br> Oven Crispy Fries (16) <br> Sweet Yellow Corn (16) <br> Pineapple Tidbits(16) | Pancake Wrap (47) <br> Mac \& Cheese, Roll (49) <br> Pork BBQ Sandwich (26) <br> Baked Beans (27) <br> Dill Pickles (0) <br> Chilled Peaches (17) | Glazed Cinnamon Roll (43) <br> Hot Dog w/Toppings (33) <br> Turkey \& Cheese Sandwich (25) <br> Deli Roasters (18) <br> Broccoli w/ Cheese (8) <br> Raisins (30) | Chicken Biscuit (30) <br> Pepperoni Pizza (27) <br> Chicken Fajitas (21) <br> Tater Tots (16) <br> Glazed Carrots (12) <br> Jolly Fruit Freeze (23) |
| Mini Pancakes (36) <br> Chic Fillet Sandwich (34) <br> Ham \& Cheese Sandwich (28) <br> Mashed Potatoes (14) <br> Sweet Green Peas (13) <br> Assorted Fruit Juice (15) | Warm Cinnamon Bar (41) Popcorn Chicken with Roll (28) Cheese Hot Pocket (28) Refried Beans w/ Chips (28) Sweet Yellow Corn (16) Craisins (27) | No School | No School | No School |
| No School 26 | No School 27 | No School 28 | No School $29$ | No School 30 |

**Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections**

