

Iredell-Statesville Schools
Student/Staff with Symptoms of COVID-19

- Symptoms: Fever (100.4) or chills • New Cough • Shortness of breath or difficulty breathing
- Fatigue - Muscle or body aches - Headache (especially with fever) • New loss of taste or smell •
 - Sore throat - Congestion or runny nose -
 - Diarrhea - Nausea or vomiting

Return to School Instruction Sheet

Student/Staff can return to school when they can answer yes to **ALL** of the following questions:

1. Has it been at least 10 days since the student/staff first had symptoms **AND**
2. Has it been at least 24 hours since the student/staff had a fever (without using fever reducing medication)? **AND**
3. Has there been improvement in symptoms, including cough and shortness of breath?

OR

The person has had a negative COVID-19 test and there is no fever without the use of fever-reducing medication, and they have felt well for 24 hours. (Rapid antigen tests can be used when it is a low risk situation determined by the school nurse). If you are going to test, the most reliable tests are PCR tests that typically come back in 48 - 72 hours.

OR

They receive confirmation of an alternative diagnosis from a health care provider that would explain the COVID-19 like symptom(s), once there is no fever without the use of fever reducing medication, and they have felt well for 24 hours.